

Through our programs and projects, California youth gain valuable leadership, communication, and critical thinking skills that empower them to see themselves as integral parts of their democracy, and to understand perspectives different than their own. Fundamentally, we believe that young people are valuable resources to support, not problems to solve.

- California Center's Mission Statement



YOUNG WOMEN'S HEALTH LEADERSHIP PROGRAM

Site Team Application

Due by September 7th, 2007

The Program

The Young Women's Health Leadership Program (YWHLP) is a program of the California Center for Civic Participation, a nonpartisan, nonprofit, democracy education and youth development organization. The YWHLP focuses on developing resilient youth by building the capacity of communities, organizations and individuals to engage adolescents in effective policy and systems change efforts to promote women's health and improve their communities. There will be five YWHLP Site Teams to identify and work on addressing health conditions for women and their communities, receive training and technical assistance to support their efforts, and connect with local and statewide policy and decision-makers to influence the women's health policy landscape.

Program Commitments

The California Center will work with each of the site teams to develop a local action plan to address an existing women's health disparity. Through training conferences, a program curriculum and one-on-one consultations, the California Center will provide technical assistance on community organizing and policy advocacy to each of the site teams to support their work.

Site teams are responsible for committing to a one-year engagement, identifying a school health issue, attending program training conference (two statewide conferences and a regional training), and developing a local action plan to engage community resources to address a women's health disparity in their community. (*A more detailed description is provided in the Adult and Youth Participant Commitment Letters*)

The Goal

As a result of your participation in the program, your site team will have addressed a women's health disparity in your school or community as well as developed the organizational skills and tools to support future youth development efforts. Participating youth will be equipped with the skills and tools that will promote their healthy development into contributing members of society.

Who Should Apply

Communities with existing youth engagement structures (school club, community youth program, civics class, etc.) are encouraged to apply. Primarily, we encourage communities that are seeking to equip themselves and their youth with concrete skills and tools that will promote their positive development. Please read through the more detailed **Adult Coordinator Commitment Letter** as well as the **Youth Participant Commitment Letter** and make sure that your site can commit to the requirements before submitting an application.

Questions or Concerns

If you have any questions or concerns, please contact the director Candace Chwierut at (916) 443-2229 ext. 25 or cchwierut@californiacenter.org. Please use the **Application Checklist** to ensure that all of the necessary materials and information is submitted with the application. Due dates for supplementary material is provided on the checklist. Applications can be faxed to (916) 443-2297 or emailed to the program director at cchwierut@californiacenter.org.

Program Application needs to be faxed or emailed
by Friday, September 7th, 2007.



WOMEN'S HEALTH LEADERSHIP PROGRAM

FIGURE A: PROGRAM RESOURCES

The following resources and allocations are per site and per year. The funds will be distributed according to the satisfactory completion of program expectations and responsibilities as outlined in the **Program Year Outline** and the **Adult Expectation and Commitment Form**. These funds will be distributed through two yearly payments; one midyear and one at the end of the year.

Resource	Purpose
Adult Stipend: \$500 a year	The adult stipend is meant as a small compensation for the contributions of the Adult Coordinator in supporting the program
Project Budget: \$500 a year	Youth project budget, enabling your advisory board youth to conduct an evaluation, advocacy, or awareness project of their own
Youth Stipends: \$600 a year	The three core youth will each receive a \$200 stipend for their participation; Disbursement is based on their attendance of the statewide conferences and local work.
Room & Board: 2 Statewide Trainings	Professional travel budget, to be applied to travel expenses for the Adult coordinator to attend the two statewide conferences.
Online Curriculum	Program curriculum and supplementary materials will be available on the web to support the local engagement efforts.
Travel expenses for three youth	Transportation, lodging, and meals for the two statewide conferences
Two On-site trainings	The California Center commits to coordinating two on-site trainings on a site identified topic.